



SHIKHUMBA 4-IN-1 MARATHON 2024

ENTRY FORM 05 OCTOBER 2024

Event entering (Please tick)	42.2km	21.1km	10km	5km
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For office use only	
Race No.	Temp. Licence

Surname	Initials
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First Name(s)

ID Number	Nationality
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Gender (mark with an X)	Male	Female	Date of birth	Y	Y	Y	Y	M	M	D	D
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Tel/Cell No	Emergency No
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Email Address	
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Emergency Name	
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Age on race day			Age Category	Junior	Open	40-49	50-59	60-69	70+
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Do you belong to athletics club?	Yes	No	If yes, complete the following:
Athletics club			
Provincial License No.			Province
T-Shirt Size	S	M	L XL

Entry Fee (Tick applicable block)

42.2KM	R300-00+ R20
21.1km	R 250-00+ R18
10km	R 150.00+ R12
5km	R 100.00+ R10
Temporary License	R 50.00 (10km, 21.1km & 42.2km)
Total	R

Indemnity: I agree not to hold Limpopo Athletics, Shikhumba AC, sponsors and/or any other person assisting in the organization of the race liable for any injury or illness, damage or loss to my property which I may suffer directly or indirectly as a result of my participation in the race.

Participant Signature

Signature of parent or Guardian
(If athlete is younger than 18 years)

Date

RULES AND GENERAL INFORMATION

- Start time:** The 42.2km and 21.1km will start at 5:30 both the 10 km and 5km will start at 6:00.
- Route:** All the races will use the same route. Any athlete found cutting corners or running outside demarcation areas, will face disqualification not only for prizes but also for all finishers awards and placing in the final results.
- REGISTRATION** Online on www.peaktiming.co.za or www.shikhumbamarathon.co.za
- Pre-Entries 01 June 2024 - 02 October 2024
- Manual from 02- 04 October 2024 at Spar Shikhumba 12:00 - 17:00
- Race Number collection on 03-04 October 2024 at Spar Shikhumba.
- Race day collection (Saturday) from 04:00 until 05:00 No registration on the race day.
- Entry fee is not refundable.
- Prize giving:** prize giving will commence at 10h00
- Age restriction:** 42.2Km & 21.1km (16 yrs & older), 10km (15 yrs & older), 5km (9 yrs & older)
- Age categories:** Athletes may only qualify in the category in which they entered plus the open category. All age category runners including juniors must wear the relevant age category tags clearly visible on the front and back of their vests (upper body clothing), in order to qualify for awards. Proof of age will be required for age category prizes.
- All fun run participants will be eligible for lucky draw prizes.
- In order to claim your prize you shall prove your identity by means of ID or passport.
- All athletes indemnify the national and provincial sponsors as well as race organizers of the competition against claims of whatsoever nature which may arise due to participation in the competition. Athletes participate in their own risk.
- Foreign athletes participating in the competition shall comply with IAAF Rule 4.
- No lap tops, headphones or portable radios are allowed to be used (IAAF Rule 144.2)
- The race will be run according to the rules of IAAF, ASA and Limpopo Athletics.
- All traffic and race officials shall be obeyed at all time (ASA Rule 21.4).
- Athletes are not permitted to run with animals (ASA Rule 21.4.1).
- Athletes do not need to belong to a club to participate in the race; temporary license will be used in an event where an athlete does not have a permanent licence.
- All runners must have race numbers in front and a temporary/permanent license number at the back of the running vest.
- The race organizers reserve the right to accept or reject an entry.
- For more information contact: Sambo Amos (Cell No.072 7316225) Jeff Cell(No:067 190 5592)

Venue : Shikhumba Village (ward 22) @ Greater Giyani Municipality

Race start and Finish @ Shikhumba Filling Station.

Entry Fee:

5km	:	R100.00+ R10
10km	:	R150.00 + R12
21km	:	R250-00 + R18
42.2KM	:	R300-00 + R20

Temporary licences available R50.00 (10km, 21.1km & 42.2km)

Banking Details:

Account No: 2012275575, Nedbank, Branch Code:13484900

Account Holder: Shikhumba Marathon Athletic Club

Reference: Surname & Name of Athlete

Send entries together with proof of payment to WhatsApp: 076 989 5893 or

Email address: shikhumbamarathon@gmail.com

PRIZES MONEY

Position	21.1KM (Male & Female)						10KM (Male & Female)					
	Open	Junior	Veteran	Master	Grand	G Grand	Open	Junior	Veteran	Master	Grand	G Grand
		Younger than 20 yrs	40-49 yrs	50-59 yrs	Master	70 yrs +		younger than 20 yrs	40-49 yrs	50-59 yrs	Master	70 yrs +
1.	R4000	R1500	R1000	R1000	R700	R700	R2000	1000	R1000	R1000	R700	R500
2.	R2000	R700	R700	R700	R500	R500	R1200	R700	R700	R700	R500	
3.	R1500						R1000	R500				

Position	42.2KM Male & Female)					
	Open	Junior	Veteran	Master	Grand	G Grand
		-	40-49 yrs	50-59 yrs	60-69 yrs	70 yrs +
1	R7000		R2000	R1500	R1500	R1000
2	R4000		1000	R1000	R1000	
3	R3000					

Comrades Qualifier

SHIKHUMBA 4-IN-1 MARATHON 2024 sponsored by Shikhumba Filling Station, Genesis Emergency Medical Management, Gijas Home Improvement Centre & aQuelle

Presents by SHIKHUMBA AC

